



# Allergen and Nutritional information

April 2025

**Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink.**

**Allergen & Nutritional Information for Manchester Deansgate, Manchester Piccadilly, Manchester Trafford Retail Park, Manchester Trafford Centre, Wythenshawe Rowlands Way, Manchester Arndale Centre- [PLEASE CLICK HERE OR PAGE 18](#)**

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### Nutritional Information

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KFC (UK&I) is committed to provide allergen information in store for all of its products of the 14 mandatory allergens (Cereals containing gluten, crustaceans, eggs, fish, peanuts, soya beans, milk, nuts, celery, mustard, sesame seeds, sulphur dioxide & sulphites, Lupin & Mollusc). Our teams regularly handle multiple food ingredients in our kitchens, our food and packaging may contact allergens during preparation, cooking and delivery. Delivery courier may deliver more than one order. We can't guarantee that any items are 100% allergen free including ingredients removed on request. Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Orders placed on delivery platforms cannot be customised in any way. In restaurant, please ask our team member if you wish to customise a product. If products are customised in any way, please be aware this is for customer preference and we cannot guarantee they are 100% allergen free. The allergen and nutrition information will no longer be accurate. The information shows which menu items are suitable for vegetarians and vegans. These are made using vegetarian and vegan ingredients. However, our preparation and cooking methods could mean they may come into contact with non-vegetarian and non-vegan ingredients. Due to the handling of cheese, we cannot guarantee our products do not contain traces of milk including vegan food and where a request has been made to remove cheese from an order. For pre-packed products including dip pots, sachets, bottle drinks and canned drinks, please refer to the packaging for the latest information.

Fryers: Our fries & hash browns are cooked in the same vegetable oil as our popcorn chicken and bites, so they are not suitable for vegetarians. Toasters: All our buns are toasted in the same toaster. They all contain wheat gluten, and some contain sesame.

The nutritional information comes from averages of composite food samples. There may be some variation depending on ingredients used, supplier and season of the year. If products are customised in any way, please be aware that allergen and nutritional information will no longer be accurate. Sat. Fat = Saturates Fat, Carbs = Carbohydrates Salt Value is calculated from Sodium. All food calorie (kcal) and kJ figures are rounded to the nearest five. All drink calories (kcal) and kJ figures are rounded to the nearest one.

Chicken is our business, and we take their welfare seriously. That's why we're following Government guidelines and working with our free-range egg suppliers who are temporarily required to keep their chickens inside to protect them from avian flu. So products on our menu that use free-range eggs as an ingredient may contain barn eggs. You can find out more at [freerangeinfo.com](http://freerangeinfo.com).

## Allergen Information- Burgers, Vegan Burger, Chicken Pieces

The ● indicates that the allergen is contained and presented in this item.																						
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																						
Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Burgers</b>																						
Original Recipe Fillet Burger	●						○	●	●					●	○	●				X	X	
Zinger Burger	●						○	●	○					●	○	●				X	X	
Fillet Tower Burger	●						○	●	●					●	●	●				X	X	
BBQ Fillet Tower Burger	●						○	●	●					●	○	●				X	X	
Zinger Supercharger Tower Burger	●						○	●	●					●	○	●				X	X	
Zinger Stacker	●						○	●	●					●	○					X	X	
Mini Fillet Burger	●						○	●	●					●	○	●				X	X	
Kids Burger	●						○	●	●					●	●					X	X	
Chicken Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X	
Zinger Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X	
<b>Vegan Burger</b>																						
Vegan Burger	●								○					●		●				√	√	
<b>Chicken Pieces</b>																						
Original Recipe Chicken on Bone	●						○	●	●					○	○					X	X	
Popcorn Chicken (Regular, Large, Small)	●						○	○	○					○	●					X	X	
Hot Wing	●						○	○	○					○	○					X	X	
Mini Fillet	●						○	●	●					○	○					X	X	

Allergen Information- Wraps, Rice Box & Salad

The ● indicates that the allergen is contained and presented in this item.

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Twisters &amp; Wraps</b>																						
Kentucky Mayo Twister	●						○	●	●					○	○	●				X	X	
Sweet Chilli Twister	●						○	●	●					○	○	○				X	X	
Smokey BBQ Twister	●						○	●	●					○	○	○				X	X	
Supercharger Twister	●						○	●	●					○	○	○				X	X	
Flamin' Mini Wrap	●						○	●	●					○	○	○				X	X	
BBQ Mini Wrap	●						○	●	●					○	○	○				X	X	
<b>Rice Bowl</b>																						
Original Ranch Rice Bowl	●						○	●	●					○	○					X	X	
Zinger Ranch Rice Bowl	●						○	●	●					○	○					X	X	
Veggie Ranch Rice Bowl	○						○	○	○					○	○					√	√	

## Allergen Information- Sides, Bites

The ● indicates that the allergen is contained and presented in this item.																						
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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Sides</b>																						
Fries (Regular & Large)	○						○	○	○						○					X	X	
Signature Fries (Regular & Large)	○						○	○	○						○					X	X	
Hashbrown (per piece average)	○						○	○	○					○	○					X	X	
Cheese Slice (per slice average)	○						○	○	●					○	○					✓	X	
BBQ (Beans Regular & Large)	●	●													●	●				✓	✓	
Coleslaw (Regular & Large)								●												✓	X	
Corn Cobette Regular & Large)																				✓	✓	
Gravy (Regular & Large)	●	●	●	●			○	●	●						●					X	X	
Creamy Mash (Regular & Large)									●											✓	X	
Cajun Dirty Rice	○						○	○	○					○	○					✓	✓	
Side Salad	○						○	○	○					○	○					✓	✓	

## Allergen Information-Bites, Dip Pots & Condiments

The ● indicates that the allergen is contained and presented in this item.																						
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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Bites</b>																						
Kansas BBQ Dipped Bites	●						●	○	●					○	○					X	X	
Sweet Chilli Dipped Bites	●						●	○	●					○	○					X	X	
<b>Dip Pots &amp; Condiments</b>																						
Real Tomato Sauce Dip Pot																				✓	✓	
Garlic Buttermilk Dip Pot								●	●											✓	X	
Kentucky Smokey BBQ Sauce Dip Pot		●																		✓	✓	
Sticky Sweet Chilli Sauce Dip Pot																				✓	X	
Supercharger Dip Pot								●	●											✓	X	
Heinz Tomato Ketchup Sachet															●					✓	✓	
Heniz Light Mayonnaise Sachet								●								●				✓	X	
Sugar Sachet																				✓	✓	
Salt Sachet																				✓	✓	
Pepper Sachet																				✓	✓	
Milk Portion									●											✓	X	

## Allergen Information-Drinks

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Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Drinks</b>																					
Bottle of Water (Still)																				✓	✓
Robinsons Fruit Shoot Blackcurrant & Apple (In bottle)																				✓	✓
Robinsons Fruit Shoot Orange (In bottle)																				✓	✓
Pepsi (ROI only)																				✓	✓
Pepsi Max																				✓	✓
Diet Pepsi																				✓	X
Pepsi Max Cherry																				✓	✓
7Up Free																				✓	✓
Robinsons Apple & Blackcurrant													●							✓	✓
Tango Orange Sugar Free																				✓	✓
Lipton Ice Tea																				✓	✓
Southern Refresher Watermelon & Lime																				✓	✓
Club Orange (Northern Ireland and ROI only)													●							✓	✓
Club Orange Zero (Northern Ireland and ROI only)																				✓	✓
1.25L Pepsi Bottle (ROI only)																				✓	✓

## Allergen Information-Drinks

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Drinks</b>																						
1.25L Pepsi Max Bottle																				✓	✓	
1.25L Diet Pepsi Bottle																				✓	X	
1.25L 7Up Free Bottle																				✓	✓	
1.25L Tango Orange Bottle																				✓	✓	
1.25L Club Orange Bottle (Northern Ireland and ROI only)													●							✓	✓	
Espresso									○											✓	✓	
Black Americano									○											✓	✓	
White Americano									●											✓	X	
Cappuccino									●											✓	X	
Latte									●											✓	X	
Café Mocha									●											✓	X	
Hot Chocolate									●											✓	X	
Black Tea																				✓	✓	
Aero Peppermint Krushem Shake	○	○			○	○	○		●											✓	X	
Oreo Krushems Shake	●	○			○	○	●		●											✓	X	
Aero Krushem Shake	○	○			○	○	●		●											✓	X	
MilkyBar Krushems Shake	○	○			○	○	○		●											✓	X	



**Allergen Information- Treats & Limited Time Offer**

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Treats</b>																						
Mini Chocolate Sundae									●											√	X	
Milkybar Sundae							○		●											√	X	
Aero Peppermint Sundae	○	○					○		●											√	X	
Aero Sundae	○	○					○		●											√	X	
Oreo Sundae	●						●		●											√	X	
Milk Chocolate Cookie	●						●	●	●											√	X	
White Chocolate Cookie	●						●	●	●											√	X	
Pineapple Stick																				√	√	
<b>Limited Time Offer</b>																						
Dirty Louisiana Burger	●						○	●	●					○	○	●				X	X	
Dirty Louisiana Fries	●						○	●	●					○	●					X	X	
Kentucky Original Wrap	●						○	●	●					○	○	●				X	X	

Participating restaurants only:

Allergen Information- KWENCH

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>KWENCH</b>																						
Iced Latte									●											√	X	
Iced Mocha Koffee Krunch							○	○	●											√	X	
Iced Caramel Koffee Krunch	●						○	○	●											√	X	
Oatley Iced Latte			●						○											√	X	
Oatley Iced Mocha Koffee Krunch	●		●				○	○	○											√	X	
Oatley Iced Caramel Koffee Krunch	●		●				○	○	●											√	X	
Caramel Krunch Shake	●						○	○	●											√	X	
Chocolate Krunch Shake	●						○	○	●											√	X	
Coconut Mango Shake									●											√	X	
Cherry Poppin' Refresher							○	○	○				●							√	√	
Watermelon Poppin' Refresher							○	○	○				●							√	√	
Sparkling Raspberry Lemonade							○	○	○				●							√	√	
Spicy Mango Lemonade									○				●							√	X	

## Nutritional Information

Burger								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Fillet Burger	1900	455	19.2	2.3	44.8	6.0	29.6	2.54
Zinger Burger	1915	420	17.6	2.0	40.9	5.8	25.8	1.98
Fillet Tower Burger	2520	605	28.0	4.8	58.1	10.7	33.4	3.91
BBQ Fillet Tower Burger	2550	610	28.1	4.8	59.6	11.0	33.3	3.80
Zinger Supercharger Tower Burger	2580	615	32.9	5.0	52.4	8.4	29.6	3.40
Zinger Stacker	3135	750	36.1	7.8	56.9	12.7	50.9	4.50
Mini Fillet Burger	1205	290	11.0	1.4	28.5	3.3	17.9	1.28
Kids Burger	1105	265	7.6	1.1	30.1	5.1	17.8	1.35
Chicken Fillet Roll (ROI only)	2840	680	23.3	4.5	79.3	7.8	37.5	3.59
Zinger Fillet Roll (ROI only)	2800	670	24.1	4.3	76.1	8.4	34.3	3.53
Vegan Burger								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Vegan Burger	1690	405	18.0	1.6	45.2	7.2	16.4	3.15
Original Recipe Chicken								
Original Recipe Chicken-Keel	1125	270	14.2	2.3	8.4	0.2	28.3	1.13
Original Recipe Chicken- Drumstick	730	175	9.9	1.5	7.7	0.3	14.1	0.86
Original Recipe Chicken- Thigh	1120	265	17.0	3.4	8.2	0.2	20.4	1.07
Original Recipe Chicken-Rib	1255	300	15.2	2.5	10.8	0.5	31.5	1.31
Original Recipe Chicken- Wing	750	180	8.0	1.3	6.8	0.3	16.3	0.69
Chicken Piece								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Small Popcorn Chicken	585	140	7.7	0.8	7.8	0.2	9.5	0.73
Regular Popcorn Chicken	1210	290	16.3	1.8	16.5	0.3	19.9	1.54
Large Popcorn Chicken	1965	470	26.4	2.8	26.7	0.5	32.2	2.51
Hot Wing (per piece, average)	375	90	6.2	0.9	3.7	0.1	4.9	0.35
Mini Fillet (per piece, average)	550	130	6.0	0.7	5.6	0.3	13.7	0.79
Hot & Spicy Drum (per piece, average)	905	215	12.0	1.6	7.7	0.5	19.0	1.20

<b>Twisters &amp; Wraps</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Kentucky Mayo Twister	2175	520	23.9	2.9	47.9	6.2	28.9	2.17
Sweet Chilli Twister	2040	490	17.4	2.4	55.0	12.4	28.9	2.80
Smokey BBQ Twister	2005	480	17.2	2.4	53.1	10.1	29.0	2.80
Supercharger Twister	2245	535	25.5	3.1	48.9	7.0	29.0	2.85
Flamin' Mini Wrap	1390	330	14.8	2.5	30.4	1.9	18.6	1.60
BBQ Mini Wrap	1255	300	10.2	2.2	32.7	3.7	18.6	1.50
Kentucky Original Wrap	2110	505	12.2	1.49	22.9	1.8	14.6	1.29
<b>Rice Bowls</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Original Ranch Rice Bowl	2365	560	19	2.5	67.0	8.4	28.0	2.90
Zinger Ranch Rice Bowl	2315	550	21.0	2.4	65.0	7.9	23.0	2.60
Veggie Ranch Rice Bowl	1573	374	9.1	1.3	62.0	9.8	7.5	1.20
<b>Bites</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Sweet Chilli Dipped Bites	1570	375	14.8	1.6	40.1	22.8	20.8	1.60
Kansas BBQ Dipped Bites	1445	345	14.4	1.6	33.7	15.2	20.9	1.70

Sides								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Regular Fries	1015	245	9.2	0.8	38.1	0.5	3.7	0.60
Large Fries	1415	340	12.8	1.1	53.3	0.6	5.1	0.81
Signature Fries- Regular	1015	245	9.2	0.8	38.1	0.5	3.7	0.60
Signature Fries- Large	1415	340	12.8	1.1	53.3	0.6	5.1	0.81
Hashbrown (per piece average)	360	85	5.20	0.20	8.80	0.60	0.90	0.50
Cheese Slice (per slice average)	190	45	3.60	2.10	1.10	0.80	2.50	0.50
Regular BBQ Beans	440	105	0.7	0.1	15.1	5.9	4.7	0.68
Large BBQ Beans	855	205	1.4	0.3	33.1	12.9	10.4	1.48
Regular Coleslaw	615	150	12.9	1.0	6.1	5.3	1.1	0.57
Large Coleslaw	1230	300	25.8	2.0	12.2	10.6	1.2	1.14
Corn Cobette	250	60	1.4	0.2	8.2	1.9	2.2	0.01
2 Corn Cobettes (Large)	500	120	2.8	0.4	16.4	3.8	4.4	0.02
Regular Gravy	250	60	2.6	0.3	7.3	0.2	1.7	1.33
Large Gravy	585	140	6.0	0.7	16.7	0.3	3.9	3.08
Regular Creamy Mash	630	150	3.0	1.9	28.5	1.3	3.4	0.94
Large Creamy Mash	1230	295	6.0	3.8	57.1	2.7	6.8	1.89
Cajun Dirty Rice	915	215	2.6	0.5	43.0	2.4	3.8	0.66
Side Salad	230	55	3.6	0.3	4.7	2.1	0.8	0.2

## Dip Pots & Condiments

Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Real Tomato sauce dip pot	155	40	0.2	0.1	8.5	7.3	0.4	0.44
Garlic Buttermilk Mayo dip pot	460	110	10.3	0.9	4.0	2.4	0.3	0.40
Smokey BBQ sauce dip pot	220	50	0.2	0.1	12.2	10.0	0.4	0.26
Sticky Sweet Chilli sauce dip pot	310	75	0.7	0.2	16.4	14.0	0.2	0.36
Supercharger dip pot	570	140	13.7	1.1	3.2	2.3	0.3	0.41
Heinz Vinegar Sachet	10	5	0.0	0.0	0.2	0.1	0.1	0.00
Heinz Tomato Ketchup sachet	30	10	0.0	0.0	2.2	1.9	1.0	0.20
Heinz Light Mayonnaise sachet	115	30	2.5	0.2	0.7	0.4	0.1	0.20
Heinz HP BBQ Sauce sachet	65	15	0.0	0.0	3.2	2.3	0.1	0.10
Heinz HP Brown Sauce sachet	55	15	0.0	0.0	3.5	2.5	0.1	0.15
Sugar sachet	45	10	0.0	0.0	2.5	2.5	0.0	0.0
Salt sachet	0	0	0.0	0.0	0.0	0.0	0.0	0.69
Pepper sachet	5	1	0.0	0.0	0.1	0.0	0.0	0.00
Milk portion	30	10	0.4	0.3	0.5	0.5	0.3	0.00

## Drinks

Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Bottle of Water (Still)	0	0	0.0	0.0	0.0	0.0	0.0	0.00
Robinsons Fruit Shoot Blackcurrant & Apple (In Bottle)	40	10	0.0	0.0	1.6	1.4	0.0	0.06
Robinsons Fruit Shoot Orange (In Bottle)	50	10	0.0	0.0	2.4	2.4	0.0	0.06
Pepsi Regular (ROI only)	540	130	0.0	0.0	32.1	31.8	0.0	0.00
Pepsi Large (ROI only)	750	180	0.0	0.0	44.9	44.5	0.0	0.00
Pepsi Max Regular	4	1	0.0	0.0	0.0	0.0	0.0	0.00
Pepsi Max Large	6	2	0.0	0.0	0.0	0.0	0.0	0.01
Pepsi Max Cherry - Regular	6	2	0.0	0.0	0.3	0.0	0.3	0.01
Pepsi Max Cherry - Large	8	2	0.0	0.0	0.4	0.0	0.4	0.01
7Up Free - Regular	25	5	0.0	0.0	0.3	0.0	0.3	0.00
7Up Free- Large	35	10	0.0	0.0	0.4	0.0	0.4	0.00
Robinsons Apple & Blackcurrant- Regular	25	6	0.0	0.0	0.0	0.0	0.0	0.02
Robinsons Apple & Blackcurrant- Large	33	8	0.0	0.0	0.0	0.0	0.0	0.02
Southern Refresher (Watermelon & Lime)- Regular	40	10	0.0	0.0	2.1	1.5	0.3	0.00
Southern Refresher (Watermelon & Lime)- Large	55	15	0.0	0.0	2.9	2.1	0.4	0.00
Tango Orange Sugar Free - Regular	15	3	0.0	0.0	0.0	0.0	0.0	0.03
Tango Orange Sugar Free- Large	21	4	0.0	0.0	0.0	0.0	0.0	0.05
Club Orange - Regular (ROI only)	680	160	0.0	0.0	39.0	39.0	0.0	0.15
Club Orange - Large (ROI only)	950	225	0.0	0.0	54.6	54.6	0.0	0.21
Club Orange Zero - Regular (ROI only)	40	10	0.0	0.0	0.0	0.0	0.0	0.23
Club Orange Zero - Large (ROI only)	55	15	0.0	0.0	0.0	0.0	0.0	0.32
Lipton Ice Tea - Regular	240	55	1.5	0.3	13.8	13.5	1.5	0.00
Lipton Ice Tea - Large	335	80	2.1	0.4	19.3	18.9	2.1	0.00
Diet Pepsi - Regular	5	1	0.0	0.0	0.0	0.0	0.0	0.00
Diet Pepsi - Large	5	1	0.0	0.0	0.0	0.0	0.0	0.00
1.25L Pepsi Max Bottle	25	5	0.0	0.0	1.5	0.0	1.5	0.00
1.25L Diet Pepsi Bottle	40	10	0.0	0.0	0.0	0.0	0.0	0.00
1.25L Tango Bottle	1190	285	0.0	0.0	63.0	63.0	1.5	0.00
1.25L 7up Free Bottle	120	30	0.0	0.0	1.5	0.0	1.5	0.00
1.25L Pepsi Bottle (ROI only)	940	225	0.0	0.0	57.5	57.5	0.0	0.00
1.25L Club Orange (ROI only)	995	240	0.0	0.0	56.3	56.3	0.0	0.00
Tropicana Orange Juice	430	105	0.0	0.0	23.3	21.7	2.0	0.00
Espresso - Single	35	10	0.4	0.2	1.8	0.0	0.4	0.00
Espresso - Double	55	15	0.6	0.3	2.7	0.0	0.6	0.00

Drinks								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Black Americano - Regular	55	15	0.6	0.3	2.7	0.0	0.6	0.00
White Americano - Regular	320	75	2.7	1.7	9.0	6.3	5.4	0.15
Cappuccino - Regular	515	125	4.2	2.7	13.8	11.4	8.8	0.27
Latte - Regular	585	140	4.8	3.0	15.3	12.6	10.1	0.30
Café Mocha - Regular	750	180	4.9	3.1	24.3	20.9	10.4	0.50
Hot Chocolate - Regular	730	175	2.6	1.8	30.9	29.3	6.0	0.70
Black Tea - Regular	0	0	0.0	0.0	0.0	0.0	0.0	0.00
Oreo Krushems Shake	1160	275	10.0	5.3	42.3	31.5	4.0	0.34
MilkyBar Krushems Shake	1345	325	13.6	8.6	43.3	39.8	6.5	0.25
Aero Peppermint Krushems Shake	1165	280	10.7	6.8	41.2	33.4	3.9	0.22
Aero Krushem Shake	1165	280	10.9	6.7	40.7	34.4	4.20	0.25
Treat								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Mini Chocolate Sundae	590	140	5.3	3.5	20.4	16.8	2.4	0.16
Milkybar Sundae	1230	295	13.1	8.3	38.1	34.2	5.8	0.25
Oreo Sundae	1065	255	9.7	5.6	37.8	28.8	4.1	0.37
Aero Peppermint Sundae	1090	260	10.2	6.6	37.8	30.9	4.0	0.22
Aero Sundae	1090	260	10.4	6.7	37.4	31.5	4.2	0.26
Milk Chocolate Cookie	1250	300	14.4	6.4	40.1	20.5	3.0	0.39
White Chocolate Cookie	1250	300	14.4	6.3	39.9	20.2	2.9	0.41
Pineapple Stick	190	45	0.4	0.1	10.4	8.8	0.4	0.01
Limited Time Offer								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Dirty Louisiana Burger	2913	696	35.0	5.2	61.0	11.0	32.0	3.8
Dirty Louisiana Fries	2031	485	24.0	2.0	53.0	5.5	12.9	1.7
Kentucky Original Wrap	2110	505	23.9	2.92	44.8	3.4	28.5	2.5



**Participating restaurants only:**

<b>KWENCH</b>								
Item	<b>kJ</b>	<b>kcal</b>	<b>Fat (g)</b>	<b>Sat. Fat (g)</b>	<b>Carbs (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>	<b>Salt (g)</b>
Iced Latte	427	102	3.1	2.0	10.2	10.2	7.8	0.16
Iced Mocha Koffee Krunch	946	226	4.1	2.5	39.8	32.5	8.1	0.32
Iced Caramel Koffee Krunch	946	226	4.5	2.8	38.9	31.6	7.8	0.41
Oatley Iced Latte	510	122	5.5	0.5	15.3	5.1	2.8	0.20
Oatley Iced Mocha Koffee Krunch	1042	249	6.3	1.0	43.8	30.3	3.5	0.36
Oatley Iced Caramel Koffee Krunch	983	235	6.3	0.8	42.0	29.8	3.1	0.41
Caramel Krunch Shake	2443	584	17.5	10.2	98.3	81.8	8.3	1.32
Chocolate Krunch Shake	2418	578	17.8	10.3	95.7	78.5	9.3	1.19
Coconut Mango Shake	2121	507	13.5	8.3	89.1	75.6	6.9	0.98
Cherry Poppin' Refresher	430	100	0.5	0.2	24.3	24.3	0.1	0.23
Watermelon Poppin' Refresher	347	83	0.5	0.2	19.1	18.1	0.6	0.36
Sparkling Raspberry Lemonade	368	88	1.0	0.4	20.1	16.2	0.5	0.29
Spicy Mango Lemonade	427	102	0.5	0.0	25.4	23.1	0.5	0.23

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Chicken Pieces</b>																						
Original Recipe Chicken	●						○	●	●					○	○					X	X	
Hot Wing	●						○	○	○					○	○					X	X	
Mini Fillet Tender	●						○	●	●					○	○					X	X	
<b>Burgers, Twisters &amp; Wrap</b>																						
Original Recipe Fillet Burger	●						○	●	●					●	○	●				X	X	
Spicy Zinger Burger	●						○	●	○					●	○	●				X	X	
Original Recipe Towier Burger	●						○	●	●					●	●	●				X	X	
BBQ Tower Burger	●						○	●	●					●	○	●				X	X	
Spicy Zinger Tower Burger	●						○	●	●					●	○	●				X	X	
Mini Burger	●						○	●	●					●	○	●				X	X	
Kids Mini Fillet Burger	●						○	●	●					●	●					X	X	
Original Recipe Twister	●						○	●	●					○	○	●				X	X	
Spicy Zinger Twister	●						○	●	●					○	○	○				X	X	
Flamin' Mini Wrap	●						○	●	●					○	○	○				X	X	
BBQ Mini Wrap	●						○	●	●					○	○	○				X	X	

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Sides</b>																						
Fries	○						○	○	○						○					X	X	
Signature Fries	○						○	○	○						○					X	X	
BBQ Bean	●	●													●	●				✓	✓	
Coleslaw								●												✓	X	
Corn Cobette																				✓	✓	
Gravy	●	●	●	●			○	●	●						●					X	X	
Hashbrown (per piece average)	○						○	○	○					○	○					X	X	
Cheese Slice (per slice average)	○						○	○	●					○	○					✓	X	
<b>Condiments</b>																						
Garlic Buttermilk Mayo dip pot								●	●											✓	X	
Smokey BBQ sauce dip pot		●																		✓	✓	
Sticky Sweet Chilli sauce dip pot																				✓	X	
Spicy Supercharger Mayo dip pot								●	●											✓	X	
Heinz Tomato Ketchup sachet															●					✓	✓	
Heinz Light Mayonnaise sachet								●								●				✓	X	
Salt sachet																				✓	✓	
Pepper sachet																				✓	✓	

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Rice Bowl</b>																						
Original Ranch Rice Bowl	●						○	●	●					○	○					X	X	
Zinger Ranch Rice Bowl	●						○	●	●					○	○					X	X	
Veggie Ranch Rice Bowl	○						○	○	○					○	○					✓	✓	
<b>KWENCH</b>																						
Iced Latte									●											✓	X	
Iced Mocha Koffee Krunch							○	○	●											✓	X	
Iced Caramel Koffee Krunch	●						○	○	●											✓	X	
Oatley Iced Latte			●						○											✓	X	
Oatley Iced Mocha Koffee Krunch	●		●				○	○	○											✓	X	
Oatley Iced Caramel Koffee Krunch	●		●				○	○	●											✓	X	
Caramel Krunch Shake	●						○	○	●											✓	X	
Chocolate Krunch Shake	●						○	○	●											✓	X	
Coconut Mango Shake									●											✓	X	
Cherry Poppin' Refresher							○	○	○											✓	✓	
Watermelon Poppin' Refresher							○	○	○											✓	✓	
Sparkling Raspberry Lemonade							○	○	○											✓	✓	
Spicy Mango Lemonade									○											✓	X	

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Drink</b>																						
Bottle of Still Water																				✓	✓	
Robinsons Fruit Shoot Blackcurrant & Apple																				✓	✓	
Pepsi Max Regular & Large																				✓	✓	
Pepsi Max Cherry Regular & Large																				✓	✓	
7Up Free Regular & Large																				✓	✓	
Robinsons Apple & Blackcurrant Regular & Large												●								✓	✓	
Tango Orange Sugar Free Regular & Large																				✓	✓	
Lipton Ice Tea Regular & Large																				✓	✓	
Diet Pepsi Regular & Large																				✓	X	
1.5L Pepsi Max Bottle																				✓	✓	
1.5L Diet Pepsi Bottle																				✓	✓	
1.5L Tango Orange Bottle																				✓	✓	
1.5L 7up Free Bottle																				✓	✓	
<b>Treat</b>																						
Milk Chocolate Cookie	●						●	●	●											✓	X	
Pineapple Stick																				✓	✓	

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The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Limited Time Offer</b>																					
Dirty Louisiana Burger	●						○	●	●					○	○	●				X	X
Dirty Louisiana Fries	●						○	●	●					○	●					X	X
Kentucky Original Wrap	●						○	●	●					○	○	●				X	X

**Nutritional Information- MENU TEST. Applicable to Manchester Deansgate, Manchester Piccadilly, Manchester Trafford Retail Park, Manchester Trafford Centre, Wythenshawe Rowlands Way, Manchester Arndale Centre Only**

<b>Chicken Piece</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Original Recipe Chicken- Keel	1125	270	14.2	2.3	8.4	0.2	28.3	1.13
Original Recipe Chicken- Drumstick	730	175	9.9	1.5	7.7	0.3	14.1	0.86
Original Recipe Chicken- Thigh	1120	265	17.0	3.4	8.2	0.2	20.4	1.07
Original Recipe Chicken- Rib	1255	300	15.2	2.5	10.8	0.5	31.5	1.31
Original Recipe Chicken- Wing	750	180	8.0	1.3	6.8	0.3	16.3	0.69
Hot Wing (per piece, average)	375	90	6.2	0.9	3.7	0.1	4.9	0.35
Mini Fillet Tender (per piece, average)	550	130	6.0	0.7	5.6	0.3	13.7	0.79
<b>Burgers, Twisters &amp; Wrap</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Original Recipe Fillet Burger	2050	490	19.0	2.0	45.0	4.7	33.0	2.50
Spicy Zinger Burger	1915	420	17.6	2.0	40.9	5.8	25.8	1.98
Original Recipe Towier Burger	2615	624	27.0	4.4	55.0	9.0	38.0	3.50
BBQ Tower Burger	2665	635	27.0	4.4	58.0	9.3	38.0	3.50
Spicy Zinger Tower Burger	2580	615	32.9	5.0	52.4	8.4	29.6	3.40
Mini Burger	1205	290	11.0	1.4	28.5	3.3	17.9	1.28
Kids Mini Fillet Burger	1105	265	7.6	1.1	30.1	5.1	17.8	1.35
Original Recipe Twister	2255	540	24.0	3.8	46.0	5.1	33.0	2.80
Spicy Zinger Twister	2250	540	28.0	4.1	47.0	6.0	23.0	2.30
Flamin' Mini Wrap	1390	330	14.8	2.5	30.4	1.9	18.6	1.60
BBQ Mini Wrap	1255	300	10.2	2.2	32.7	3.7	18.6	1.50
<b>Side</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Regular Fries/ Signature Fries	1015	245	9.2	0.8	38.1	0.5	3.7	0.60
Large Fries/ Signature Fries	1415	340	12.8	1.1	53.3	0.6	5.1	0.81
BBQ Bean	440	105	0.7	0.1	15.1	5.9	4.7	0.68
Coleslaw	615	150	12.9	1.0	6.1	5.3	1.1	0.57
Corn Cobette	250	60	1.4	0.2	8.2	1.9	2.2	0.01
Gravy	250	60	2.6	0.3	7.3	0.2	1.7	1.33
Hashbrown (per piece average)	360	85	5.3	0.2	8.8	0.7	0.9	0.56
Cheese Slice (per slice average)	170	40	3.2	1.9	1.0	0.7	2.3	0.49

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<b>Condiments</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Garlic Buttermilk Mayo dip pot	460	110	10.3	0.9	4.0	2.4	0.3	0.40
Smokey BBQ sauce dip pot	220	50	0.2	0.1	12.2	10.0	0.4	0.26
Sticky Sweet Chilli sauce dip pot	310	75	0.7	0.2	16.4	14.0	0.2	0.36
Spicy Supercharger Mayo dip pot	570	140	13.7	1.1	3.2	2.3	0.3	0.41
Heinz Tomato Ketchup sachet	30	10	0.0	0.0	2.2	1.9	1.0	0.20
Heinz Light Mayonnaise sachet	115	30	2.5	0.2	0.7	0.4	0.1	0.20
Salt sachet	0	0	0.0	0.0	0.0	0.0	0.0	0.69
Pepper sachet	5	1	0.0	0.0	0.1	0.0	0.0	0.00
<b>Rice Bowls</b>								
Original Ranch Rice Bowl	2365	560	19.0	2.3	64.0	7.9	31.0	2.90
Zinger Ranch Rice Bowl	2315	550	21.0	2.4	65.0	7.9	23.0	2.60
Veggie Ranch Rice Bowl	1573	374	9.1	1.3	62.0	9.8	7.5	1.20
<b>KWENCH</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Iced Latte	427	102	3.1	2.0	10.2	10.2	7.8	0.16
Iced Mocha Koffee Krunch	946	226	4.1	2.5	39.8	32.5	8.1	0.32
Iced Caramel Koffee Krunch	946	226	4.5	2.8	38.9	31.6	7.8	0.41
Oatley Iced Latte	510	122	5.5	0.5	15.3	5.1	2.8	0.20
Oatley Iced Mocha Koffee Krunch	1042	249	6.3	1.0	43.8	30.3	3.5	0.36
Oatley Iced Caramel Koffee Krunch	983	235	6.3	0.8	42.0	29.8	3.1	0.41
Caramel Krunch Shake	2443	584	17.5	10.2	98.3	81.8	8.3	1.32
Chocolate Krunch Shake	2418	578	17.8	10.3	95.7	78.5	9.3	1.19
Coconut Mango Shake	2121	507	13.5	8.3	89.1	75.6	6.9	0.98
Cherry Poppin' Refresher	430	100	0.5	0.2	24.3	24.3	0.1	0.23
Watermelon Poppin' Refresher	347	83	0.5	0.2	19.1	18.1	0.6	0.36
Sparkling Raspberry Lemonade	368	88	1.0	0.4	20.1	16.2	0.5	0.29
Spicy Mango Lemonade	427	102	0.5	0.0	25.4	23.1	0.5	0.23



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<b>Drink</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Bottle of Still Water	0	0	0.0	0.0	0.0	0.0	0.0	0.00
Robinsons Fruit Shoot Blackcurrant & Apple	40	10	0.0	0.0	1.6	1.4	0.0	0.06
Robinsons Fruit Shoot Orange	50	10	0.0	0.0	2.4	2.4	0.0	0.06
Pepsi Max-Regular	4	1	0.0	0.0	0.0	0.0	0.3	0.00
Pepsi Max -Large	6	2	0.0	0.0	0.0	0.0	0.4	0.00
Pepsi Max Cherry-Regular	6	2	0.0	0.0	0.0	0.0	0.0	0.01
Pepsi Max Cherry-Large	8	2	0.0	0.0	0.0	0.0	0.0	0.01
7Up Free- Regular	25	5	0.0	0.0	0.3	0.0	0.3	0.00
7Up Free- Large	35	10	0.0	0.0	0.4	0.0	0.4	0.00
Robinsons Apple & Blackcurrant-Regular	25	6	0.0	0.0	0.0	0.0	0.0	0.02
Robinsons Apple & Blackcurrant- Large	33	8	0.0	0.0	0.0	0.0	0.0	0.02
Tango Orange Sugar Free-Regular	15	3	0.0	0.0	0.0	0.0	0.0	0.03
Tango Orange Sugar Free-Large	21	4	0.0	0.0	0.0	0.0	0.0	0.05
Lipton Ice Tea-Regular	240	55	1.5	0.3	13.8	13.5	1.5	0.00
Lipton Ice Tea-Large	335	80	2.1	0.4	19.3	18.9	2.1	0.00
Diet Pepsi-Regular	5	1	0.0	0.0	0.0	0.0	0.0	0.00
Diet Pepsi-Large	5	1	0.0	0.0	0.0	0.0	0.0	0.00
1.5L Pepsi Max Bottle	25	5	0.0	0.0	1.5	0.0	1.5	0.00
1.5L Diet Pepsi Bottle	40	10	0.0	0.0	0.0	0.0	0.0	0.00
1.5L Tango Orange Bottle	1190	285	0.0	0.0	63.0	63.0	1.5	0.00
1.5L 7up Free Bottle	120	30	0.0	0.0	1.5	0.0	1.5	0.00
<b>Dessert</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Milk Chocolate Cookie	1250	300	14.4	6.4	40.1	20.5	3.0	0.39
Pineapple Stick	190	45	0.4	0.1	10.4	8.8	0.4	0.01

Nutritional Information- MENU TEST. Applicable to Manchester Deansgate, Manchester Piccadilly, Manchester Trafford Retail Park, Manchester Trafford Centre, Wythenshawe Rowlands Way, Manchester Arndale Centre Only

<b>Limited Time Offer</b>								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Dirty Louisiana Burger	2996	716	35.0	4.7	63.0	11.0	35.0	3.80
Dirty Louisiana Fries	2031	485	24.0	2.0	53.0	5.5	12.0	1.70
Kentucky Original Wrap	2270	540	25.0	3.7	46.0	3.2	32.0	2.50