



# Allergen and Nutritional information

November 2023

Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink.

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### Nutritional Information

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KFC (UK&I) is committed to provide allergen information in store for all of its products of the 14 mandatory allergens (Cereals containing gluten, crustaceans, eggs, fish, peanuts, soya beans, milk, nuts, celery, mustard, sesame seeds, sulphur dioxide & sulphites, Lupin & Mollusc). Our teams regularly handle multiple food ingredients in our kitchens, so we can't guarantee that any items are allergen free. The information shows which menu items are suitable for vegetarians and vegans. These are made using vegetarian and vegan ingredients. However, our preparation and cooking methods could mean they may come into contact with non-vegetarian and non-vegan ingredients.

The nutritional information comes from averages of composite food samples. There may be some variation depending on ingredients used, supplier and season of the year. All calorie (kcal) and kJ figures are rounded to the nearest five. All nutritional values are based on per serving. If products are customised in any way, please be aware that allergen and nutritional information will no longer be accurate. Sat. Fat = Saturates Fat, Carbs = Carbohydrates Salt Value is calculated from Sodium

In this Restaurant we are testing a new oil blend for cooking our Finger Lickin' fried chicken. It will be a mixture of rapeseed oil, sunflower oil and sustainable palm oil in varying proportions, with no change to the 14 declarable allergens.

Chicken is our business, and we take their welfare seriously. That's why we're following Government guidelines and working with our free-range egg suppliers who are temporarily required to keep their chickens inside to protect them from avian flu. So products on our menu that use free-range eggs as an ingredient may contain barn eggs. You can find out more at [freerangeinfo.com](http://freerangeinfo.com).

## Allergen Information-Sharing Meals

The ● indicates that the allergen is contained and presented in this item.

The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores

Menu Item	Item	Contain Cereals						Contain													Suitable For		
		Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
Bargain Bucket (6/10/14 pieces)	Original Recipe Chicken	●						○	●	●					○	○						X	X
	Fries	○						○	○	○						○						X	X
	Drink	<a href="#">Please see Drink section on Page 8 &amp; 9 for allergen and dietary information</a>																					
Dipping Boneless Feast (8/12 pieces)	Mini Fillet	●						○	●	●					○	○						X	X
	Popcorn Chicken	●						○	○	○					○	●						X	X
	Fries	○						○	○	○						○						X	X
Family Feast (6/10/14 pieces) *14 pieces ROI Only	Original Recipe Chicken	●						○	●	●					○	○						X	X
	Fries	○						○	○	○						○						X	X
	Your Choice of Sides	<a href="#">Please see Sides section on Page 6 for allergen and dietary information</a>																					
Wicked Variety (6/10 pieces)	Original Recipe Chicken	●						○	●	●					○	○						X	X
	Fries	○						○	○	○						○						X	X
Party Bucket	Original Recipe Chicken	●						○	●	●					○	○						X	X
	Popcorn Chicken	●						○	○	○					○	●						X	X
	Hot Wings	●						○	○	○					○	○						X	X
	Fries	○						○	○	○						○						X	X
	Your Choice of Sides	<a href="#">Please see Sides section on Page 6 for allergen and dietary information</a>																					
	Drink	<a href="#">Please see Drink section on Page 8 &amp; 9 for allergen and dietary information</a>																					

## Allergen Information- Burgers, Vegan Burger, Chicken Pieces

The ● indicates that the allergen is contained and presented in this item.																						
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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Burgers</b>																						
Original Recipe Fillet Burger	●						○	●	●					●	○	●				X	X	
Zinger Burger	●						○	●	○					●	○	●				X	X	
Fillet Tower Burger	●						○	●	●					●	●	●				X	X	
BBQ Fillet Tower Burger	●						○	●	●					●	○	●				X	X	
Zinger Supercharger Tower Burger	●						○	●	●					●	○	●				X	X	
Zinger Stacker	●						○	●	●					●	○					X	X	
Mini Fillet Burger	●						○	●	●					●	○	●				X	X	
Kids Burger	●						○	●	●					●	●					X	X	
Chicken Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X	
Zinger Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X	
<b>Vegan Burger</b>																						
Vegan Burger	●								○					●		●				√	√	
<b>Chicken Pieces</b>																						
Original Recipe Chicken on Bone	●						○	●	●					○	○					X	X	
Popcorn Chicken (Regular, Large, Small)	●						○	○	○					○	●					X	X	
Hot Wing	●						○	○	○					○	○					X	X	
Mini Fillet	●						○	●	●					○	○					X	X	

## Allergen Information- Wraps, Rice Box & Salad

The ● indicates that the allergen is contained and presented in this item.

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Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Wraps</b>																					
Kentucky Mayo Twister	●						○	●	●					○	○	●				X	X
Sweet Chilli Twister	●						○	●	●					○	○	○				X	X
Smokey BBQ Twister	●						○	●	●					○	○	○				X	X
Supercharger Twister	●						○	●	●					○	○	○				X	X
Flamin' Mini Wrap	●						○	●	●					○	○	○				X	X
BBQ Mini Wrap	●						○	●	●					○	○	○				X	X
<b>Rice Boxes &amp; Salads</b>																					
Veggie Rice Box	○	●						●	●					○						√	X
Fillet Rice Box	●	●					○	●	●					○	○					X	X
Zinger Rice Box	●	●					○	●	●					○	○					X	X
Veggie Salad	○							●	●					○						√	X
Fillet Salad	●						○	●	●					○	○					X	X
Zinger Salad	●						○	●	●					○	○					X	X

## Allergen Information- Sides, Bites

The ● indicates that the allergen is contained and presented in this item.																						
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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Sides</b>																						
Fries (Regular & Large)	○						○	○	○						○					X	X	
Signature Fries (Regular & Large)	○						○	○	○						○					X	X	
Hashbrown (per piece average)	○						○	○	○					○	○					X	X	
Vegetarian Cheese (per slice average)	○						○	○	●					○	○					✓	X	
BBQ (Beans Regular & Large)	●	●													●	●				✓	✓	
Coleslaw (Regular & Large)								●												✓	X	
Corn Cobette Regular & Large)																				✓	✓	
Gravy (Regular & Large)	●	●	●	●			○	●	●						●					X	X	
Creamy Mash (Regular & Large)									●											✓	X	
Southern Rice	○								●											✓	X	
Garden Salad	○							●	●					○						✓	X	
<b>Bites</b>																						
Kansas BBQ Dipped Bites	●						●	○	●					○	○					X	X	
Sweet Chilli Dipped Bites	●						●	○	●					○	○					X	X	
Teriyaki Dipped Bites	●						●	○	●					○	○					X	X	

## Allergen Information-Dip Pots & Condiments

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Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Dip Pots &amp; Condiments</b>																					
Real Tomato Sauce Dip Pot								●	●											✓	✓
Garlic Buttermilk Dip Pot								●	●											✓	X
Kentucky Smoky BBQ Sauce Dip Pot		●																		✓	✓
Sticky Sweet Chilli Sauce Dip Pot																				✓	X
Spicy Supercharger Dip Pot								●	●											✓	X
Heinz Vinegar Sachet		●																		✓	✓
Heinz Tomato Ketchup Sachet															●					✓	✓
Heniz Light Mayonnaise Sachet								●	●											✓	X
Heniz HP BBQ Sauce Sachet																				✓	X
Heinz Brown Sauce Sachet		●		●																✓	X
Sugar Sachet																				✓	✓
Salt Sachet																				✓	✓
Pepper Sachet																				✓	✓
Milk Portion									●											✓	X

## Allergen Information-Drinks

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Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Drinks</b>																					
Bottle of Water (Still & Sparkling)																				✓	✓
Blackcurrant & Apple Robinsons Fruit Shoot																				✓	✓
Orange Robinsons Fruit Shoot																				✓	✓
Pepsi (ROI only)																				✓	✓
Pepsi Max																				✓	✓
Diet Pepsi																				✓	X
Pepsi Max Cherry																				✓	✓
7Up Free																				✓	✓
Robinsons Apple & Blackcurrant													●							✓	✓
Tango Orange																				✓	✓
Lipton IceTea																				✓	✓
Southern Refresher Watermelon & Lime																				✓	✓
Club Orange (Northern Ireland and ROI only)																				✓	✓
Club Orange Zero (Northern Ireland and ROI only)																				✓	✓
Tropicana Orange Juice																				✓	✓
1.5 Pepsi Bottle (ROI only)																				✓	✓



## Allergen Information-Drinks

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Item	Contain Cereals						Contain														Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
<b>Drinks</b>																						
1.5L Pepsi Max Bottle																				✓	✓	
1.5L Diet Pepsi Bottle																				✓	X	
1.5L 7Up Free Bottle																				✓	✓	
1.5L Tango Orange Bottle																				✓	✓	
Espresso									○											✓	✓	
Black Americano									○											✓	✓	
White Americano									●											✓	X	
Cappuccino									●											✓	X	
Latte									●											✓	X	
Café Mocha									●											✓	X	
Hot Chocolate									●											✓	X	
Black Tea																				✓	✓	
Aero Krushem	○	○					●		●											✓	X	
Oreo Krushems	●	○					●		●											✓	X	
MilkyBar Krushems	○	○					○		●											✓	X	

## Allergen Information- Treats

The ● indicates that the allergen is contained and presented in this item.																					
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Item	Contain Cereals						Contain													Suitable For	
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Treats</b>																					
Mini Chocolate Sundae							●		●											√	X
Milkybar Sundae							●		●											√	X
Aero Sundae	○	○					●		●											√	X
Milk Chocolate Cookie	●						●	●	●											√	X
White Chocolate Cookie	●						●	●	●											√	X
Pineapple Stick																				√	√

## Allergen Information-Kids Bucket & Limited Time Offer Product

The ● indicates that the allergen is contained and presented in this item.																						
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Menu Item	Item	Contain Cereals						Contain													Suitable For	
		Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
<b>Kid Bucket</b>																						
All Kids Buckets	Your Choice of Sides			<a href="#">Please see Sides section on Page 6 for allergen and dietary information</a>																		
	Your Choice of Drink			<a href="#">Please see Drink section on Page 8 &amp; 9 for allergen and dietary information</a>																		
	Pineapple Stick																				√	√
Mini Burger Kids Bucket	Kid Mini Fillet Burger	●						○	●	●					●	●					X	X
Popcorn Chicken Kids Bucket	Popcorn Chicken	●						○	○	○					○	●					X	X
Mini Fillet Kids Bucket	Mini Fillet	●						○	●	●					○	○					X	X
	Real Tomato Dip Pot																				√	√
<b>Limited Time Offer</b>																						
	Stuffing Tower Burger	●						○	●	●					○	○	●				X	X
	Stuffing Tower Stacker Burger	●						○	●	●					○	○	●				X	X

## Nutritional Information

<b>Burger</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Fillet Burger	1	1900	455	19.2	2.3	44.8	6.0	29.6	2.54
Zinger Burger	1	1915	420	17.6	2.0	40.9	5.8	25.8	1.98
Fillet Tower Burger	1	2520	605	28.0	4.8	58.1	10.7	33.4	3.91
BBQ Fillet Tower Burger	1	2550	610	28.1	4.8	59.6	11.0	33.3	3.80
Zinger Supercharger Tower Burger	1	2580	615	32.9	5.0	52.4	8.4	29.6	3.40
Zinger Stacker	1	3135	750	36.1	7.8	56.9	12.7	50.9	4.50
Mini Fillet Burger	1	1205	290	11.0	1.4	28.5	3.3	17.9	1.28
Kids Burger	1	1105	265	7.6	1.1	30.1	5.1	17.8	1.35
Chicken Fillet Roll (ROI only)	1	2840	680	23.3	4.5	79.3	7.8	37.5	3.59
Zinger Fillet Roll (ROI only)	1	2800	670	24.1	4.3	76.1	8.4	34.3	3.53
<b>Vegan Burger</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Vegan Burger	1	1880	450	18.0	1.6	45.2	7.2	16.4	3.15
<b>Original Recipe Chicken</b>									
Original Recipe Chicken-Keel	1	1125	270	14.2	2.3	8.4	0.2	28.3	1.13
Original Recipe Chicken- Drumstick	1	730	175	9.9	1.5	7.7	0.3	14.1	0.86
Original Recipe Chicken- Thigh	1	1120	265	17.0	3.4	8.2	0.2	20.4	1.07
Original Recipe Chicken-Rib	1	1255	300	15.2	2.5	10.8	0.5	31.5	1.31
Original Recipe Chicken- Wing	1	750	180	8.0	1.3	6.8	0.3	16.3	0.69
<b>Chicken Pieces</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Small Popcorn Chicken	1	585	140	7.7	0.8	7.8	0.2	9.5	0.73
Regular Popcorn Chicken	1	1210	290	16.3	1.8	16.5	0.3	19.9	1.54
Large Popcorn Chicken	1	1965	470	26.4	2.8	26.7	0.5	32.2	2.51
Hot Wing (per piece, average)	1	370	90	6.2	0.9	3.7	0.1	4.9	0.35
Mini Fillet (per piece, average)	1	550	130	6.0	0.7	5.6	0.3	13.7	0.79

Wraps									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Kentucky Mayo Twister	1	2175	520	23.9	2.9	47.9	6.2	28.9	2.17
Sweet Chilli Twister	1	2040	490	17.4	2.4	55.0	12.4	28.9	2.80
Smokey BBQ Twister	1	2005	480	17.2	2.4	53.1	10.1	29.0	2.80
Supercharger Twister	1	2245	535	25.5	3.1	48.9	7.0	29.0	2.85
Flamin' Mini Wrap	1	1390	330	14.8	2.5	30.4	1.9	18.6	1.60
BBQ Mini Wrap	1	1255	300	10.2	2.2	32.7	3.7	18.6	1.50
Salads & Riceboxes									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Fillet Salad	1	1505	360	16.6	2.6	27.8	10.0	26.5	2.30
Zinger Salad	1	1385	330	15.1	2.3	24.7	10.4	23.3	1.80
Veggie Salad	1	815	195	6.6	1.4	25.5	12.1	6.0	0.60
Zinger Ricebox	1	2055	490	14.4	2.2	62.5	10.9	25.6	2.57
Fillet Ricebox	1	2050	490	14.7	2.2	63.5	11.1	27.8	2.70
Veggie Ricebox	1	1480	355	5.9	1.3	63.3	12.6	8.3	1.36
Bites									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Sweet Chilli Dipped Bites	1	1570	375	14.8	1.6	40.1	22.8	20.8	1.60
Kansa BBQ Dipped Bites	1	1445	345	14.4	1.6	33.7	15.2	20.9	1.70
Teriyaki Dipped Bites	1	1540	370	14.7	1.6	38.1	19.1	21.6	2.7

Sides									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Regular Fries	1	1015	245	9.2	0.8	38.1	0.5	3.7	0.60
Large Fries	1	1415	340	12.8	1.1	53.3	0.6	5.1	0.81
Signature Fries- Regular	1	1015	245	9.2	0.8	38.1	0.5	3.7	0.60
Signature Fries- Large	1	1415	340	12.8	1.1	53.3	0.6	5.1	0.81
Hashbrown (per piece average)	1	360	85	5.20	0.20	8.80	0.60	0.90	0.50
Vegetarian Cheese (per slice average)	1	190	45	3.60	2.10	1.10	0.80	2.50	0.50
Regular BBQ Beans	1	440	105	0.7	0.1	15.1	5.9	4.7	0.68
Large BBQ Beans	1	855	205	1.4	0.3	33.1	12.9	10.4	1.48
Regular Coleslaw	1	615	150	12.9	1.0	6.1	5.3	1.1	0.57

Large Coleslaw	1	1230	300	25.8	2.0	12.2	10.6	1.2	1.14
Corn Cobette	1	250	60	1.4	0.2	8.2	1.9	2.2	0.01
2 Corn Cobettes (Large)	1	500	120	2.8	0.4	16.4	3.8	4.4	0.02
Regular Gravy	1	250	60	2.6	0.3	7.3	0.2	1.7	1.33
Large Gravy	1	585	140	6.0	0.7	16.7	0.3	3.9	3.08
Regular Creamy Mash	1	630	150	3.0	1.9	28.5	1.3	3.4	0.94
Large Creamy Mash	1	1230	295	6.0	3.8	57.1	2.7	6.8	1.89
Southern Rice	1	940	225	2.0	0.5	45.7	4.7	4.3	0.86
Garden Salad	1	270	65	2.5	0.6	8.5	5.1	1.9	0.28
<b>Dip Pots &amp; Condiments</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Real Tomato sauce dip pot	1	155	40	0.2	0.1	8.5	7.3	0.4	0.44
Garlic Buttermilk Mayo dip pot	1	460	110	10.3	0.9	4.0	2.4	0.3	0.40
Kentucky Smoky BBQ sauce dip pot	1	220	50	0.2	0.1	12.2	10.0	0.4	0.26
Sticky Sweet Chilli sauce dip pot	1	310	75	0.7	0.2	16.4	14.0	0.2	0.36
Spicy Supercharger dip pot	1	620	150	15.0	1.2	2.7	2.4	1.0	0.43
Heinz Vinegar Sachet	1	10	5	0	0	0.2	0.1	0.1	0
Heinz Tomato Ketchup sachet	1	30	10	0	0	2.2	1.9	1.0	0.20
Heinz Light Mayonnaise sachet	1	115	30	2.5	0.2	0.7	0.4	0.1	0.20
Heinz HP BBQ Sauce sachet	1	65	15	0	0	3.2	2.3	0.1	0.10
Heinz HP Brown Sauce sachet	1	55	15	0	0	3.5	2.5	0.1	0.15
Sugar sachet	1	45	10	0	0	2.5	2.5	0	0
Salt sachet	1	0	0	0	0	0	0	0	0.69
Pepper sachet	1	5	1	0	0	0.1	0	0	0
Milk portion	1	30	10	0.4	0.3	0.5	0.5	0.3	0

## Drinks

Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Bottle of Water (Still & Sparking)	1	0	0	0	0	0	0	0	0
Blackcurrant & Apple Robinsons Fruit Shoot	1	40	10	0	0	1.6	1.6	0	0.06
Orange Robinsons Fruit Shoot	1	40	10	0	0	1.6	1.6	0	0.04
Pepsi Regular (ROI only)	1	545	130	0	0	32.1	31.8	0	0
Pepsi Large (ROI only)	1	750	180	0	0	44.9	44.5	0	0
Pepsi Max Regular	1	10	5	0	0	0	0	0	0
Pepsi Max Large	1	15	5	0	0	0	0	0	0
Pepsi Max Cherry - Regular	1	5	5	0	0	0.3	0	0.3	0
Pepsi Max Cherry - Large	1	10	5	0	0	0.4	0	0.4	0
7Up Free - Regular	1	30	5	0	0	0	0	0	0
7Up Free- Large	1	40	10	0	0	0	0	0	0
Robinsons Apple & Blackcurrant- Regular	1	30	5	0	0	0	0	0	0
Robinsons Apple & Blackcurrant- Large	1	40	10	0	0	0	0	0	0
Southern Refresher (Watermelon & Lime)- Regular	1	40	10	0	0	2.1	1.5	0.3	0.03
Southern Refresher (Watermelon & Lime)- Large	1	55	15	0	0	2.9	2.1	0.4	0
Tango Orange Sugar Free - Regular	1	15	5	0	0	0	0	0	0
Tango Orange Sugar Free- Large	1	20	5	0	0	0	0	0	0
Club Orange - Regular (ROI only)	1	700	160	0	0	39.0	39.0	0	0.20
Club Orange - Large (ROI only)	1	965	230	0	0	54.6	54.6	0	0.20
Club Orange Zero - Regular (ROI only)	1	40	10	0	0	0	0	0	0.20
Club Orange Zero - Large (ROI only)	1	65	15	0	0	0	0	0	0.30
Lipton Ice Tea - Regular	1	240	60	1.5	0.3	13.8	13.5	1.5	0.22
Lipton Ice Tea - Large	1	330	80	2.1	0.4	19.3	18.9	2.1	0.33
Diet Pepsi - Regular	1	10	5	0	0	0	0	0	0
Diet Pepsi - Large	1	15	5	0	0	0	0	0	0
1.5L Pepsi Max Bottle	1	30	5	0	0	1.5	0	0	0
1.5L Diet Pepsi Bottle	1	45	10	0	0	0	0	0	0.75
1.5L Tango Bottle	1	1185	285	0	0	63.0	63.0	0	0.90
1.5L 7up Free Bottle	1	120	30	0	0	0	0	0	0
1.5L Pepsi Bottle (ROI only)	1	2250	615	0	0	165.0	165.0	0	0.15
1.5L Club Orange (ROI only)	1	3450	810	0	0	195	195	0	0
1.5L Club Orange Zero (ROI only)	1	210	45	0	0	0	0	0	0.45
Tropicana Orange Juice	1	505	120	0	0	25.0	25.0	2.0	0
Espresso - Single	1	45	10	0.4	0.2	1.8	0	0.4	0
Espresso - Double	1	65	15	0.6	0.3	2.7	0	0.6	0

<b>Drinks</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Black Americano - Regular	1	65	15	0.6	0.3	2.7	0	0.6	0
White Americano - Regular	1	335	80	2.7	1.7	9.0	6.3	5.4	0.15
Cappuccino - Regular	1	525	125	4.2	2.7	13.9	11.2	8.8	0.30
Latte - Regular	1	590	140	4.8	3.0	15.3	12.6	10.1	0.30
Café Mocha - Regular	1	755	180	4.9	3.2	24.3	21.0	10.4	0.50
Hot Chocolate - Regular	1	755	180	2.6	2.7	31.0	29.3	6.0	0.70
Black Tea - Regular	1	0	0	0	0	0	0	0	0
Oreo Krushems	1	1160	275	10.0	5.3	42.3	31.5	4.0	0.34
MilkyBar Krushems	1	1345	325	13.6	8.6	43.3	39.8	6.5	0.25
Aero Krushems	1	1090	260	10.4	6.7	37.4	31.5	4.2	0.26
<b>Treats</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Mini Chocolate Sundae	1	585	140	5.3	3.5	20.4	16.8	2.4	0.16
Aero Sundae	1	1090	260	10.4	6.7	37.4	31.5	4.2	0.26
Milkybar Sundae	1	1230	295	13.1	8.3	38.1	34.2	5.8	0.25
Milk Chocolate Cookie	1	1360	325	15.9	7.1	40.8	30.5	3.4	0.57
White Chocolate Cookie	1	1405	335	16.7	9.2	41.9	28.3	3.2	0.39
Pineapple Stick	1	190	45	0.4	0.1	10.4	8.8	0.4	0.01
<b>Limited Time Offer</b>									
Item	Serving size	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Teriyaki Dipped Bites	1	1540	370	14.7	1.6	38.1	19.1	21.6	2.7
Stuffing Tower Burger	1	3050	730	32.6	5.5	79.2	14.5	36.5	3.6
Stuffing Tower Stacker Burger	1	4090	975	45.0	7.7	91.0	15.2	60.6	5.5