

YOU'RE AMONG THE FIRST TO GET YOUR FINGERS ON OUR NEW TRIAL MENU: LUCKY YOU! GOT QUESTIONS OR NEED HELP DECIDING? OUR TEAM'S GOT YOU COVERED. JUST ASK!

ALLERGEN & NUTRITION INFORMATION FEBRUARY 2025

| | Contains Allergens | May Also Contain Allergens | Energy | | Fat | | Carbohydrate | | | | *Salt (g) | Vegetarian | Vegan |
|--|--|--|--------|------|---------|---------------|--------------|------------|-------------|------|-----------|------------|-------|
| | | | kJ | kcal | Fat (g) | *Sat. Fat (g) | *Carbs (g) | Sugars (g) | Protein (g) | | | | |
| Original Recipe Chicken | | | | | | | | | | | | | |
| Keel | milk egg wheat gluten | sesame soya celery | 1125 | 270 | 14.2 | 2.3 | 8.4 | 0.2 | 28.3 | 1.13 | ✗ | ✗ | |
| Drumstick | milk egg wheat gluten | sesame soya celery | 730 | 175 | 9.9 | 1.5 | 7.7 | 0.3 | 14.1 | 0.86 | ✗ | ✗ | |
| Thigh | milk egg wheat gluten | sesame soya celery | 1120 | 265 | 17.0 | 3.4 | 8.2 | 0.2 | 20.4 | 1.07 | ✗ | ✗ | |
| Rib | milk egg wheat gluten | sesame soya celery | 1255 | 300 | 15.2 | 2.5 | 10.8 | 0.5 | 31.5 | 1.31 | ✗ | ✗ | |
| Wing | milk egg wheat gluten | sesame soya celery | 750 | 180 | 8.0 | 1.3 | 6.8 | 0.3 | 16.3 | 0.69 | ✗ | ✗ | |
| Chicken Pieces | | | | | | | | | | | | | |
| Hot Wing (per piece, average) | wheat gluten | sesame soya celery egg milk | 375 | 90 | 6.2 | 0.9 | 3.7 | 0.1 | 4.9 | 0.35 | ✗ | ✗ | |
| Mini Fillet Tender (per piece, average) | milk egg wheat gluten | sesame soya celery | 550 | 130 | 6.0 | 0.7 | 5.6 | 0.3 | 13.7 | 0.79 | ✗ | ✗ | |
| Burgers | | | | | | | | | | | | | |
| Original Recipe Fillet Burger | sesame milk egg wheat gluten mustard | soya celery | 2050 | 490 | 19.0 | 2.0 | 45.0 | 4.7 | 33.0 | 2.50 | ✗ | ✗ | |
| Spicy Zinger Burger | sesame egg wheat gluten mustard | soya celery milk | 1915 | 420 | 17.6 | 2.0 | 40.9 | 5.8 | 25.8 | 1.98 | ✗ | ✗ | |
| Original Recipe Tower Burger | sesame milk egg wheat gluten celery mustard | soya | 2615 | 625 | 27.0 | 4.4 | 55.0 | 9.0 | 38.0 | 3.50 | ✗ | ✗ | |
| BBQ Tower Burger | sesame milk egg wheat gluten mustard | soya celery | 2665 | 635 | 27.0 | 4.4 | 58.0 | 9.3 | 38.0 | 3.50 | ✗ | ✗ | |
| Spicy Zinger Tower Burger | sesame milk egg wheat gluten mustard | soya celery | 2580 | 615 | 32.9 | 5.0 | 52.4 | 8.4 | 29.6 | 3.40 | ✗ | ✗ | |
| Mini Burger | sesame milk egg wheat gluten mustard | soya celery | 1205 | 290 | 11.0 | 1.4 | 28.5 | 3.3 | 17.9 | 1.28 | ✗ | ✗ | |
| Kids Mini Fillet Burger | sesame milk egg wheat gluten celery | soya | 1105 | 265 | 7.6 | 1.1 | 30.1 | 5.1 | 17.8 | 1.35 | ✗ | ✗ | |
| Twisters & Wraps | | | | | | | | | | | | | |
| Original Recipe Twister | milk egg wheat gluten mustard | sesame soya celery | 2255 | 540 | 24.0 | 3.8 | 46.0 | 5.1 | 33.0 | 2.80 | ✗ | ✗ | |
| Spicy Zinger Twister | milk egg wheat gluten | sesame soya celery mustard | 2250 | 540 | 28.0 | 4.1 | 47.0 | 6.0 | 23.0 | 2.30 | ✗ | ✗ | |
| Flamin' Mini Wrap | milk egg wheat gluten | sesame soya celery mustard | 1390 | 330 | 14.8 | 2.5 | 30.4 | 1.9 | 18.6 | 1.60 | ✗ | ✗ | |
| BBQ Mini Wrap | milk egg wheat gluten | sesame soya celery mustard | 1255 | 300 | 10.2 | 2.2 | 32.7 | 3.7 | 18.6 | 1.50 | ✗ | ✗ | |
| Kentucky Original Wrap | milk egg wheat gluten mustard | sesame soya celery | 2270 | 540 | 25.0 | 3.7 | 46.0 | 3.2 | 32.0 | 2.50 | ✗ | ✗ | |
| Sides | | | | | | | | | | | | | |
| Regular Fries/ Signature Fries | | milk egg wheat gluten soya celery | 1015 | 245 | 9.2 | 0.8 | 38.1 | 0.5 | 3.7 | 0.60 | ✗ | ✗ | |
| Large Fries/ Signature Fries | | milk egg wheat gluten soya celery | 1415 | 340 | 12.8 | 1.1 | 53.3 | 0.6 | 5.1 | 0.81 | ✗ | ✗ | |
| Regular BBQ Beans | wheat gluten barley gluten mustard celery | | 440 | 105 | 0.7 | 0.1 | 15.1 | 5.9 | 4.7 | 0.68 | ✓ | ✓ | |
| Regular Coleslaw | egg | | 615 | 150 | 12.9 | 1.0 | 6.1 | 5.3 | 1.1 | 0.57 | ✓ | ✗ | |
| Corn Coblette | | | 250 | 60 | 1.4 | 0.2 | 8.2 | 1.9 | 2.2 | 0.01 | ✓ | ✓ | |
| Regular Gravy | milk egg wheat gluten barley gluten oat gluten rye gluten celery | soya | 250 | 60 | 2.6 | 0.3 | 7.3 | 0.2 | 1.7 | 1.33 | ✗ | ✗ | |
| Condiments | | | | | | | | | | | | | |
| Garlic Buttermilk Mayo dip pot | milk egg | | 460 | 110 | 10.3 | 0.9 | 4.0 | 2.4 | 0.3 | 0.40 | ✓ | ✗ | |
| Smokey BBQ sauce dip pot | | | 220 | 50 | 0.2 | 0.1 | 12.2 | 10.0 | 0.4 | 0.26 | ✓ | ✓ | |
| Sticky Sweet Chilli sauce dip pot | | | 310 | 75 | 0.7 | 0.2 | 16.4 | 14.0 | 0.2 | 0.36 | ✓ | ✗ | |
| Spicy Supercharger Mayo dip pot | milk egg | | 570 | 140 | 13.7 | 1.1 | 3.2 | 2.3 | 0.3 | 0.41 | ✓ | ✗ | |
| Heinz Tomato Ketchup sachet | celery | | 30 | 10 | 0.0 | 0.0 | 2.2 | 1.9 | 1.0 | 0.20 | ✓ | ✓ | |
| Heinz Light Mayonnaise sachet | egg mustard | | 115 | 30 | 2.5 | 0.2 | 0.7 | 0.4 | 0.1 | 0.20 | ✓ | ✗ | |
| Salt sachet | | | 0 | 0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.69 | ✓ | ✓ | |
| Pepper sachet | | | 5 | 1 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.00 | ✓ | ✓ | |
| Limited Time Offer | | | | | | | | | | | | | |
| Zinger Supercharger Double Down | milk egg wheat gluten | sesame soya celery | 2945 | 705 | 45.0 | 7.9 | 34.0 | 3.4 | 40.0 | 3.77 | ✗ | ✗ | |
| Drinks | | | | | | | | | | | | | |
| Bottle of Still Water | | | 0 | 0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.00 | ✓ | ✓ | |
| Robinsons Fruit Shoot Blackcurrant & Apple | | | 40 | 10 | 0.0 | 0.0 | 1.6 | 1.4 | 0.0 | 0.06 | ✓ | ✓ | |
| Robinsons Fruit Shoot Orange | | | 50 | 10 | 0.0 | 0.0 | 2.4 | 2.4 | 0.0 | 0.06 | ✓ | ✓ | |
| Pepsi Max Regular | | | 4 | 1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.3 | 0.00 | ✓ | ✓ | |
| Pepsi Max Large | | | 6 | 2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.00 | ✓ | ✓ | |
| Pepsi Max Cherry - Regular | | | 6 | 2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.01 | ✓ | ✓ | |
| Pepsi Max Cherry - Large | | | 8 | 2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.01 | ✓ | ✓ | |
| 7Up Free - Regular | | | 25 | 5 | 0.0 | 0.0 | 0.3 | 0.0 | 0.3 | 0.00 | ✓ | ✓ | |
| 7Up Free - Large | | | 35 | 10 | 0.0 | 0.0 | 0.4 | 0.0 | 0.4 | 0.00 | ✓ | ✓ | |
| Robinsons Apple & Blackcurrant- Regular | sulphites | | 25 | 6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.02 | ✓ | ✓ | |
| Robinsons Apple & Blackcurrant- Large | sulphites | | 33 | 8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.02 | ✓ | ✓ | |
| Tango Orange Sugar Free - Regular | | | 15 | 3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.03 | ✓ | ✓ | |
| Tango Orange Sugar Free- Large | | | 21 | 4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.05 | ✓ | ✓ | |
| Lipton Ice Tea - Regular | | | 240 | 55 | 1.5 | 0.3 | 13.8 | 13.5 | 1.5 | 0.00 | ✓ | ✓ | |
| Lipton Ice Tea - Large | | | 335 | 80 | 2.1 | 0.4 | 19.3 | 18.9 | 2.1 | 0.00 | ✓ | ✓ | |
| Diet Pepsi - Regular | | | 5 | 1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.00 | ✓ | ✗ | |
| Diet Pepsi - Large | | | 5 | 1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.00 | ✓ | ✗ | |
| 1.5L Pepsi Max Bottle | | | 25 | 5 | 0.0 | 0.0 | 1.5 | 0.0 | 1.5 | 0.00 | ✓ | ✓ | |
| 1.5L Diet Pepsi Bottle | | | 40 | 10 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.00 | ✓ | ✓ | |
| 1.5L Tango Orange Bottle | | | 1190 | 285 | 0.0 | 0.0 | 63.0 | 63.0 | 1.5 | 0.00 | ✓ | ✓ | |
| 1.5L 7up Free Bottle | | | 120 | 30 | 0.0 | 0.0 | 1.5 | 0.0 | 1.5 | 0.00 | ✓ | ✓ | |
| KWENCH | | | | | | | | | | | | | |
| Iced Latte | milk | | 400 | 95 | 3 | 1.8 | 10.9 | 8.9 | 6.9 | 0.19 | ✓ | ✗ | |
| Iced Mocha Koffee Krunch | milk | egg soya | 1235 | 295 | 6.5 | 3.3 | 52.6 | 42 | 7.5 | 0.32 | ✓ | ✗ | |
| Iced Caramel Koffee Krunch | milk wheat gluten | egg soya | 1320 | 315 | 7 | 3.5 | 56.6 | 46.8 | 7.4 | 0.45 | ✓ | ✗ | |
| Oatly Iced Latte | oat gluten | milk | 390 | 95 | 3 | 0.4 | 13.9 | 7.6 | 2.5 | 0.19 | ✓ | ✓ | |
| Oatly Iced Mocha Koffee Krunch | oat gluten wheat gluten | egg soya milk | 935 | 220 | 4.1 | 0.5 | 43.8 | 43.8 | 2.7 | 0.30 | ✓ | ✓ | |
| Oatly Iced Caramel Koffee Krunch | milk oat gluten wheat gluten | egg soya | 1055 | 250 | 5.4 | 1.2 | 47 | 37.1 | 3.3 | 0.45 | ✓ | ✗ | |
| Caramel Krunch Shake | milk wheat gluten | egg soya | 2760 | 660 | 24.1 | 10.9 | 99.4 | 75.9 | 9.5 | 1.30 | ✓ | ✗ | |
| Chocolate Krunch Shake | milk wheat gluten | egg soya | 2700 | 640 | 23.2 | 9.9 | 97.1 | 74.9 | 8.8 | 1.20 | ✓ | ✗ | |
| Coconut Mango Shake | milk | | 2320 | 555 | 15.7 | 8.8 | 93.6 | 77.7 | 8.3 | 0.90 | ✓ | ✗ | |
| Cherry Poppin' Refresher | sulphites | egg soya milk | 430 | 100 | 0.5 | 0.2 | 24.3 | 24.3 | 0.1 | 0.23 | ✓ | ✓ | |
| Watermelon Poppin' Refresher | sulphites | egg soya milk | 295 | 65 | 0.5 | 0.2 | 16 | 16 | 0.1 | 0.23 | ✓ | ✓ | |
| Sparkling Raspberry Lemonade | sulphites | egg soya milk | 410 | 95 | 1 | 0.3 | 20.96 | 20.9 | 1.0 | 0.25 | ✓ | ✓ | |
| Spicy Mango Lemonade | sulphites | milk | 475 | 115 | 0 | 0 | 27.5 | 27.3 | 0.1 | 0.22 | ✓ | ✗ | |
| Desserts | | | | | | | | | | | | | |
| Milk Chocolate Cookie | milk egg wheat gluten soya | | 1250 | 300 | 14.4 | 6.4 | 40.1 | 20.5 | 3.0 | 0.39 | ✓ | ✗ | |
| Pineapple Stick | | | 190 | 45 | 0.4 | 0.1 | 10.4 | 8.8 | 0.4 | 0.01 | ✓ | ✓ | |
| Add ons | | | | | | | | | | | | | |
| Vegetarian Cheese (per slice average) | milk | egg wheat gluten soya sesame celery | 170 | 40 | 3.2 | 1.9 | 1.0 | 0.7 | 2.3 | 0.49 | ✓ | ✗ | |
| Hashbrown (per piece average) | | milk egg wheat gluten soya sesame celery | 360 | 85 | 5.3 | 0.2 | 8.8 | 0.7 | 0.9 | 0.56 | ✗ | ✗ | |

THE IMPORTANT STUFF:

- Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink.
- KFC (UK&I) is committed to provide allergen information in store for all of its products of the 14 mandatory allergens (Cereals containing gluten, crustaceans, eggs, fish, peanuts, soya beans, milk, nuts, celery, mustard, sesame seeds, sulphur dioxide & sulphites, Lupin & Mollusc). Our teams regularly handle multiple food ingredients in our kitchens, our food and packaging may contact allergens during preparation, cooking and delivery. Delivery courier may deliver more than one order. We can't guarantee that any items are 100% allergen free including ingredients removed on request.
- Orders placed on delivery platforms cannot be customised in any way. In restaurant, please ask our team member if you wish to customise a product. If products are customised in any way, please be aware this is for customer preference and we cannot guarantee they are 100% allergen free. The allergen and nutrition information will no longer be accurate.

- The information shows which menu items are suitable for vegetarians and vegans. These are made using vegetarian and vegan ingredients. However, our preparation and cooking methods could mean they may come into contact with non-vegetarian and non-vegan ingredients.
- Due to the handling of cheese, we cannot guarantee our products do not contain traces of milk including vegan food and where a request has been made to remove cheese from an order.
- For pre-packed products including dip pots, sachets, bottle drinks and canned drinks, please refer to the packaging for the latest information.
- Fryers: Our fries & hash browns are cooked in the same vegetable oil as our chicken items so they are not suitable for vegetarians.
- Toasters: All our buns are toasted in the same toaster. They all contain wheat gluten and some contain sesame.
- The nutritional information comes from averages of composite food samples. There may be some variation depending on ingredients used, supplier and season of the year.
- All food calorie (kcal) and kJ figures are rounded to the nearest five. All drink calories (kcal) and kJ figures are rounded to the nearest one.

All info given is correct as printed and subjected to print on February 2025. For the latest allergen & nutritional information, scan QR code.



Symbol explanations:

- * Salt value is calculated from Sodium
- ◆ Carbs = Carbohydrate
- + Sat Fat = Saturates
- # Products available only in Ireland
- Product available only in Northern Ireland and Ireland