

KFC Foundation Community Grant Recipients (June 2021)

South West		
UK Reads	Exeter	<p>UK Reads provides free books, literacy resources and vital support for young people to help them reach their full potential. The schools they work with describe their support as “a welcome relief- which allows them to practise their reading skills and offers an escape which benefits their mental health.”</p> <p>With a grant of £2,000 from the KFC Foundation, UK Reads were able to deliver 4 exciting literacy workshops to 20 young people, and their families, in Exeter, to help them build their confidence and re-engage with their education.</p>
Prout Bridge Project	Beaminster	<p>At the Prout Bridge Project in Beaminster they offer an inclusive, affordable, and varied programme of activities, for people of all ages. They strive to fight loneliness, social isolation, and intergenerational divides by providing opportunities for people from all backgrounds and of all ages to come together socially, participate in their community, make friends and support each other.</p> <p>Their grant was used to co-fund targeted mental health support to young people. Through 6 sessions with their 2 qualified youth workers, they will support young people to improve their well-being and make a successful transition into adulthood, learning how to recognise and manage their emotions and enabling them to make improvements in their lives.</p>
Youth With A Future (YWAF)	Shepton Mallet	<p>Youth with A Future, in Shepton Mallet work alongside other organisations to support young people aged 16-25 who are homeless or threatened with homelessness and those in supported housing projects in the Mendip area of Somerset. Providing grants to local positive youth initiatives, groups and projects and activities, as well as grants given to individuals to support them with education, training and employment opportunities.</p> <p>They have used their Foundation grant support to 6 young people aged 16-25 who had been homeless and were housed in supported accommodation provided by the YMCA in the Mendip area of Somerset. Youth with A Future used the funding to give them each a grant of £125 to purchase essential items for their flats such as bedding and kitchen equipment.</p>
Red Horse Foundation	Stroud	<p>Red Horse Foundation is a not-for-profit Community Interest Company (CIC) in Gloucestershire that supports children, young people and adults struggling with trauma and mental health issues through Equine Assisted Psychotherapy and Learning. This highly specialised form of therapy involves working in collaboration with a horse and one of their highly trained therapists.</p> <p>In partnership with GARAS, Red Horse Foundation has used its Foundation grant to part fund their Refugee Integration Project to foster understanding and challenge discrimination between young refugees and local young people by bringing them together.</p>
The North		
CELLS Project CIO	Kirkby	<p>The-CELLS-Project based in Kirby educate children and young-people about the serious of crime and prevent initial and reoffending behaviours within their communities. They provide awareness, outreach, behavioural interventions and mentoring support, delivered by rehabilitated ex-offenders and victims of crime/abuse, who offer lived-experience and are fully trained to guide, motivate and support children and young people who are referred to needing guidance to overcome issues and barriers.</p> <p>They are using their grant to co-fund a 20 week mentoring programme; including 1:1 mentoring, workshops to support with issues such as anger, confidence and self-esteem, peer-pressure and developing resilience and group sessions targeting specific areas such as exploitation, knife-crime.</p>

ReflecTeen Hub	Moston	ReflecTeen delivers four specific youth-focused services; physical and recreational activities, youth engagement programmes, practical support and mentoring.
Yellow House Cultural Club	Liverpool	Yellow House takes a holistic approach to work with excluded young people. Working on a daily basis providing a safe secure environment for those young people normally excluded from decision making, enabling them to participate in all aspects of community life, as well as offering young people the opportunity to, not only, develop their own social and personal skills but also to develop as active citizens in today's world. Foundation funding is being used to engage with and empower young people through workshops that use creative methods to get them back on their feet and find the confidence and self-esteem to take the next step in their education and/or career.
Worth Foundation trading as Worth Unlimited	Doncaster	The Worth Foundation partners with 28 schools in Doncaster to offer pastoral provision delivering mentoring to support young people, the need for their services has grown as the consequences of Covid -19 are realised. Their £2,000 Foundation grant has allowed them to deliver 144, one to one mentoring sessions to 12 vulnerable and disadvantaged young people in Doncaster. This early intervention will help them to raise their aspirations and unlock their potential in order to become change-makers in their own communities.
Scotland		
MADE4U IN ML2	Wishaw	MADE4U IN ML2 is a community centre in the local area providing grass roots support for people of all backgrounds and ages, for the ML2 (Wishaw, Glasgow) postcode. Through many programmes including lunch groups, football sessions, alternate dance, girls' groups, holiday provisions, walking group, youth and children's groups. Foundation grant funding has been used to deliver a 5 week project co-created with young people, based on 5 themes including practical skills, cooking and healthy life style and drama and sport providing young people with the chance to volunteer and develop their own personal skills.
Denis Law Legacy Trust	Aberdeen	The Denis Law Legacy Trust operates and delivers a number of 'free to access' programmes and positive destination activities that enable young people to take part in and gain access to sport and other creative activities within their local communities. Supporting & empowering young people to be confident, capable, independent, and responsible citizens within their own communities. Their Foundation funding is being used to part fund key staff to attend and run supervised youth led activities
Scran Academy	Edinburgh	Scran Academy, in Edinburgh, exists to help young people overcome poverty-related barriers through accessing the experiences, support and skills required to change their lives. They offer transformational youth work programmes that empower young people to lead their real-life catering social enterprises. They work to alleviate poverty through youth-led and partnership driven events, providing opportunities for young people to give back to their communities. They used their Foundation grant to fund 5 food-based community events with their Scran Van. The events will be planned by young people and their partners and will be designed by young people following a reflective "plan-do-review" planning model including marketing, menu design, cooking, service and budget responsibility, getting young people involved in a programme that builds confidence, provides meaningful work experience and acts as a positive distraction to those at risk of criminality.

Greater Govanhill CIC	Glasgow	<p>Greater Govanhill, Glasgow is an independent magazine which covers one of the most ethnically diverse and socially deprived areas in Scotland. It aims to challenge negative stereotypes, break down cultural barriers and provide a platform to typically under-represented voices.</p> <p>Funding from the KFC Foundation has allowed them to run a media skills training course for young people from typically under-represented backgrounds. As well as empowering the young people to tell their own stories in their own words, they will provide a platform for their concerns to be taken seriously. The young people who took part will produce a mini magazine to distributed for free around the neighbourhood.</p>
Newton Wallacetown Church - RoomSixty Youth Project	Ayr	<p>RoomSixty Youth Project: Encouraging young people to live life to the full. Being the only youth facility in Newton-Wallacetown, Ayr they provide opportunities, support and a space for young people to grow, to feel connected, loved and be included in their community and most importantly, have fun. RoomSixty offer weekly drop-in sessions, 1-1 support, schools work, after school groups, health and wellbeing groups. The KFC Foundation grant will part fund the opportunity for 16 young people to take part in a block of instructor lead activity day sessions; including mountain biking, abseiling, bushcraft skills and will earn them a John Muir Award. Young people have gained confidence and learned new skills to equip them for the future.</p>
Dads Rock	Edinburgh	<p>Dads Rock supports dads, children and families in most need of support. Since the beginning of the pandemic in April 2020 their Young Dads project provided help to 38 disadvantaged families; online parenting workshops supported nearly 1000 Dads and Mums. Their services are for the whole family with a focus on supporting dads who are often excluded from parenting services.</p> <p>Being a Dad for the first time is really hard for young men and can be overwhelming. The Foundation grant is part funding, helping Young Dads to cope with the huge changes happening in their lives by giving them the skills and confidence to provide care and support to their children and partner. By learning new skills and providing resources to look after their baby Young Dads feel more confident and able to enjoy being a father.</p>
Midlands		
Staa	Nottingham	<p>St Anns Community Orchard in Nottingham is situated in the middle of a deprived inner-city area which, over the years we have developed into a thriving community hub: Working with local schools, running after school and holiday adventure play sessions, toddler groups, CAMHS (Children and adolescent mental health services) and refugees as well as holding community events, targeting those of greatest need.</p> <p>STAA are using their Foundation grant to pilot their Growing to Grow project giving young people the chance they need to restore faith in themselves, build supportive relationships with others and to work as part of a team. Being in a relaxing green space heals the mind, through bespoke activities and work experience young people will be able to express their own talents, develop further skills required for future wellbeing.</p>
Pedestrian Ltd	Leicester	<p>Pedestrian is a leading arts organisation specialising in music and arts education based in Leicester. They provide education, training and outreach projects for young people at risk, vulnerable adults and communities in Leicester, Leicestershire and across the Midlands.</p> <p>With funding from KFC Foundation, they are supporting young people in care to learn life skills such as communication and teamwork, how to express themselves, have a voice and an opportunity to make friends. Young people meet on a monthly basis to explore new themes and artforms creating new and unique artwork that they can be proud of including tracks, prints and jewellery. This project supports the mental health of young people who were experiencing social isolation due to Covid-19.</p>

Bright Star Boxing Academy	Telford	Bright Star Boxing Academy in Telford engage with vulnerable individuals in their community to empower them to make changes through boxing, education and community programmes to progress positively with their lives. Their KFC Foundation grant enabled them to part fund their Empower Programme for 12 Care Leavers, and Young Homeless Individuals for 12 weeks. They will learn boxing skills, self-control, mental and physical health drills to lead them to feel positive about their futures and empowered in the decisions they make in life.
South East		
Orpington Football Club	Orpington	Orpington FC provides high quality football training to anyone, regardless of ability, age or background. Through football training, players benefit from improved physical and mental health and developing “softer” skills like communication, team building and conflict resolution. The Club supports players, families and local community through social events (pre-Covid) and food deliveries (during lockdown). Orpington FC have used £2,000 from the KFC Foundation to co-fund an eight-month training program for 14-18 year olds using football to provide essential life and workplace skills; mentoring training and meeting costs for young people to be mentored by a football coach, FA Qualification for each young person and work experience within the Club.
Ashford Mediation Service	Hothfield	Ashford Mediation Service provide free mediation services for the people of Ashford Kent. They prevent the escalation of conflict and the need for intervention by the Police, Social Services or local Housing officers. They help the community to live more harmoniously together because a conflict between two people is usually shared and spoken about within the community. The grant from the Foundation is being used to develop a pilot Youth Mediation Service. Volunteer mediators will be trained on specific youth mediation skills and competencies, with specific attention to safeguarding. They will launch the Youth Mediation Service through this pilot and create a series of workshops which will be rolled out to the 56 schools in the borough. And an information campaign over social media channels designed specifically to inform the 22,000 11-25-year-olds about the availability of their services will also launched during the pilot programme.
West Herts ABC and Educational Support CIC	Hertfordshire	West Herts ABC and Educational Support is a community boxing/youth club based in a deprived area of Watford. They are a sport for good project, encouraging young people to make positive choices through the provision of boxing and fitness training and fun physical activities. They are using their grant to cover the cost of coaches who will provide an extra 2 sessions a week for a year for 11-16-year-olds to support the increased demand they have seen for these sessions. These classes combine fitness and boxing basics in a fun, interactive, and controlled environment. In addition, the young people can also use interactive equipment – touch screen gaming, running system and gaming wall. West Herts ABC provide a supportive space for individuals to develop and participate in the community - not only teaching them how to box, but fitness, discipline, friendship, and fair-play.
London		
Parallel Youth Enterprise	London	Parallel Youth Enterprise in London successfully work in partnership with Local Police and other agencies to deliver summer crime diversion activities to those young people who live in areas that experience urban deprivation, gang, gun, knife, and violent crime. Their vision is ‘to encourage children and young people to be happy, healthy and safe and help them achieve their full potential, by providing effective support to all during the summer months and at other times throughout the year. Their grant is part funding additional support for young people who need it. With more referrals each year from social services and schools for those young people who require more understanding and support they now engage a qualified and experienced SEN person at each project.

Rah Rah Community Theatre Company	London	<p>Rah Rah Community Theatre Company take theatre into the community that makes an impact, having a particular focus on theatre for social change and as a form of therapy. Their productions are brought directly into theatres, schools, care centres, community spaces, and outdoor events.</p> <p>They are using their Foundation grant to offer youth employment training workshops and shows to help equip young people with skills to help them onto the job ladder. They will offer 6 free workshops/shows to young people in Morden working with schools, young people not in education, employment or training and the Youth Offending Team based there.</p>
Guiding Hands Organisation CIC	Croydon	<p>Guiding Hands provide a social foodbank and training for mums and vulnerable adults within the Croydon area. The KFC Foundation grant is part funding a project to support 18–25-year-olds living in Croydon; who are NEET, in supported lodgings of temporary housing and those with families to have participate in a 5 week programme to learn to cook at least 5 quick and healthy meals, food hygiene certificates, work placements and CV updates. Encouraging their clients to become self-sufficient and kitchen confident passing these skills onto their children.</p>
The Soul Shack LDN CIC	London	<p>The Soul Shack LDN is a youth led social enterprise in Brixton that works with young people and communities affected by youth violence, the criminal justice system, school exclusions, and food poverty, using cooking and peer education.</p> <p>The Foundation grant is funding 2 workshops; to create a first of its kind restaurant tackling youth violence and trauma in a holistic manner, serving as a hub and training point for at risk young people aged 16-25, where they will receive entrepreneurship, leadership and cooking training through The Soul Shack's paid work programme, and emotional support for trauma. They will also offer a ten-week taster programme of their yearlong programme for participants aged 10-25 to be trained in business, leadership, cooking, receive 1-2-1 mentoring and coaching support or tuition from a peer mentor and receive 'how to stop bleeding' training.</p>
Step Now Global CIC	Brixton	<p>Step Now based in Brixton offer a range of services for young BAME individuals aged between 11-25 who are at-risk of being involved in youth crime, becoming NEET or becoming a part of a marginalised group of society. Their services drive aspiration and promote wellbeing while shifting the individual's mentality from a fixed to a growth mindset. Step Now will offer a range of interactive sessions; including school tutoring, fitness clubs, mental health check-ins, career mentoring and more, that will teach the young people life skills and resilience, all founded in self-worth.</p> <p>Step Now will use their grant to co-fund community delivery facilitators and resources to deliver these interactive sessions and make them accessible to all young people.</p>
Young Ealing Foundation	Ealing	<p>The Young Ealing Foundation supports the youth sector in Ealing. Focussed on helping small and micro charities working at ground level, their goal is to create a strong and cohesive sector which works together and provides the best possible opportunities for young people.</p> <p>They have used their KFC Foundation grant to support Ealing Young Champions, a youth voice panel which puts young people in Ealing at the forefront of the voluntary sectors COVID-19 recovery plan. The grant has enabled them to train young people as peer researchers so they can analyse the youth sector and help get the plan right!</p>
East Anglia		

Swan Youth Project (Norfolk)	Norfolk	<p>Swan Youth Project in Norfolk, provide educational, social and emotional support to 150 young people each year. They run a variety of activities, groups and courses to support the mental and physical health of young people who have been significantly impacted by the pandemic. Throughout the pandemic they have provided one to one face to face support for the most vulnerable alongside foodbank / hygiene bank provision combined with virtual support for all of our young people.</p> <p>They are using their Foundation grant to co-fund the set up and running of a new drop-in bike service for local young people where they can learn new skills, work with their peers and improve both their mental and physical health. They are engaging with new young people and are providing a safe and fun alternative to the local risk-taking behaviours that have become more prominent.</p>
Wales		
Pillgwenlly Millennium Trust Ltd	Newport	<p>The Pill Millennium Centre in Newport is the hub for the local community. They are a local community, sports and recreation centre, hosting indoor and outdoor sporting facilities, martial arts clubs, dance and exercise classes, alternative education for young people with mental health issues and many others.</p> <p>With their Foundation grant they are funding creative music sessions which will engage young people in activities with a useful purpose. As well as stopping these young people getting involved with crime and drugs, they will give the young people an opportunity to gain confidence and be able to successfully express themselves through lyric writing, rapping and performing in front of their peers. All of this this will provide life skills which also give them the skills that they need to gain future employment and become a useful member of the local community.</p>
Northern Ireland		
Reach Mentoring	Co Armagh	<p>Reach Mentoring in County Armagh is embedded into the local community, mobilising support and volunteers, and is recognised as an organisation that is a consistent long-term presence in the lives of young people. Reach creates a safety net for young people that are slipping through the gap and endeavours to love them as well. As a result, young people emerge who are empowered, hopeful and motivated as they unlock their own potential; who have experienced a nurturing, supportive relationship and now possess the ability to replicate this for others; who have a desire to release creativity, commitment and entrepreneurship into their community.</p> <p>A KFC Foundation grant is part funding weekly one-to-one mentoring sessions for 14 young people in Craigavon over a period of 12 weeks. Young people are supported by a mentor and positive role model who journeyed with them post Covid-lockdown, through significant obstacles and difficult life circumstances. They were given a safe space to share concerns about life, talk through trauma, explore issues of grief, deal with behavioural problems and journey through mental health trials.</p>
TREE CO	Belfast	<p>TREE ECO in Belfast works closely with the community and with other groups within the community. This includes local schools and youth clubs. They take part in community events, clean ups, planting and graffiti removal. The Foundation grant will pay for ONC Level 1 & 2 Qualifications attained during a project that will assist them in looking at other more positive ways to deal with stress and to engage in physical activity and in activities which promote and support positive mental health. In addition, they will learn new skills, make new friendships, learn skills to assist them in sourcing employment and give them a voice.</p>

Glenview Farm Equine Learning Centre	Belfast	<p>Glenview Farm is an Equine Learning Centre providing mainstream lessons, as well as lessons for those with additional needs, whether that be those with autism to mental health issues to those in the foster care system. Many of our clients have social, emotional and behavioural difficulties and as such offer equine assisted learning.</p> <p>The Foundation funding was used to part fund a safe outdoor space for young volunteers from a range of backgrounds. The farm is a place where they feel safe and secure, where talents are unlocked (whether that be talents of working with children, additional needs young people, horses or the public in general). Life skills are developed as we teach transferable skills and mentor through school and life.</p>
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